# Research on Current Situation of Interaction between Sport Competition and Campus Culture Construction in Colleges

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**Abstract.** Campus culture construction is an important part in the development of colleges. Good campus culture can improve the visibility, and promote the steady development of the colleges. The paper mainly discusses the interaction between material culture and mental culture in campus. It can promote the sustainable development of colleges.

Keywords: college PE; competition; campus culture.

#### 1. Interaction

In recent years, with the improvement of the attention on campus culture construction, it comes to be an important project that how to comprehensive, systematically builds a characteristic campus culture. As we known that, the carrier of the campus culture is diverse. To realize the goal of campus culture construction, we must act from all aspects. As an important part of campus activities, sports competition should not be ignored. Only by combining with the sports competition, the campus culture construction can be accomplished better.

#### **1.1 Interaction between sports competition and campus material culture construction**

By analyzing the status, sports competition has a promotion on campus culture construction, and campus material culture also affects sports competition.

#### **1.2 Sports competition can promote the campus material culture construction**

Sports venues, sports equipment and sports landmarks are essential in the sports competition process. These material cultures appear in the physical form, not only reflects the importance of physical education in colleges, but also show the students' enthusiasm on sports. This material culture provides a platform for the all-round development of students. Thus, to organize sports competition and enhance the campus culture level, colleges have to possess these material objects. In addition, these material objects can also help to enhance students' physical sports spirit in a certain extent, and make the students have better comprehensive quality. With the current situation of colleges, corresponding sports landmarks, different sports venues and enough sports equipment are provided in most colleges. However, few universities have taken a full use of these material objects. The times of carrying out sports competition is too little. Thus the construction of campus culture is not comprehensive and systematically.

# **1.3** The important influence of campus material culture on sports competition

Campus culture cannot be achieved only by the teaching of teachers. It needs to create a cultural environment of campus, and penetrate into the students' thought and consciousness. It finally influences the students' mental development effect. From the above mentioned, stadiums and gymnasiums are provided in most colleges. This material culture can affect the students' psychology to a certain extent. It will make the students experience to participate actively in sports competition, so as to stimulate their inner spirits. They will be full of enthusiasm to the daily training, do the best to prepare for the sports competitions. Therefore, the campus material culture also has an important influence to the sports competition.

# 2. The interaction of sports competition and construction of campus culture

In addition to material culture, spiritual culture is indispensable to the construction of campus culture. The present interaction between college sports competition and campus spiritual culture construction, mainly involves the following three aspects, namely, the means of interaction between the sports competition and campus culture construction, the driving force the sports spirit has for the purification effect of the campus spiritual civilization construction and the effect of campus culture spirit on the sports competition.

# 2.1 The means of interaction between the sports competition and campus culture construction

The characteristics of sports competition serve as a basic means for the interaction between the college sports competition and campus spiritual and cultural construction. The so-called sports competition refers to the organized physical activities aiming at the comprehensive development of college students, which is guided by the organization's goals or a team's expectations of achieving the results they have established. As we all know, sports competition requires not only the students' hard work or aggression, but also the need of close cooperation between students and the team spirit as well. Therefore, most of the colleges and universities will consider the sports competition as the major means of cultivating students' team spirit and aggressiveness. Participation in the sports competition, the students' competitiveness can be more intense, and the enthusiasm and the initiative will also be improved, therefore, their willingness to contribute more efforts to the school will also be stronger.

# **2.2** Sports competition spirit as an important impetus for purification of the campus spiritual civilization construction

The excellent campus culture not only exists in the pursuit of material, instead it should be reflected in the embodiment of the intrinsic spirit. Thus, the sports competition plays a role in the construction of excellent campus spiritual civilization, which cannot be ignored. No matter what a university is, each sports competition it launches will reflect the students' sports spirit. Gradually, sports spirit accumulated in sports competitions, which has undergone a steady integration and ruination, will become the belief and ideal that the majority of teachers and students in university campus have in common.

The spirit of sports reflected in the current college sports competitions includes many aspects, such as the sports competition spirit, the team member's team spirit, the obeying of sports competition rules and the cultivation of the sportsman's willpower etc. It is because of the accumulation of comprehensive sports spirit that the students make continuous progress in the participation in various sports competitions. In order to achieve the team's common objectives, the students have to endure the long-term rigid training, which sharpens their own willpower, develops their aggressiveness and competitiveness and foster their team spirit and cooperative skills. It is due to the sport spirit that the majority of teachers and students embody the positive state of mind and the cooperation, which helps the students learn to appreciate life and prepare for the future through the perception of these spiritual significance embedded in this unique campus culture.

# 2.3 Influence of campus culture spirit on sports competition

The sports competition promotes the construction of campus culture, at the same time; the spirit of campus culture also has an influence on the sports competition as the interaction between the two is mutual. In the sports competitions, Colleges and universities will advocate "race out of the level, race out of style". Style mentioned here refers to the spirit of sports, whose formation and reflection is inextricably linked to a large extent with the spirit of campus culture.

In the present situation of university sports competition and campus culture interaction, the spirit of campus culture influence on sports competition mainly through the cohesive power of campus culture spirit. The reason mainly lies in the process of continuous development in Colleges. An intangible education resource will be assembled from long term accumulation of the campus spiritual culture. It will be a positive guiding role on the student's ideology. In the positive guidance, the students thinking and behavior will change gradually. Because of this, college campus culture can make all the teachers and students participate in sports competition has a sense of teamwork and cohesion. This strength can not only affect the state of mind, have a certain impact on the result of the game, but also further motivate students to work hard for the good campus culture. The students are more willing to abide by the rules, in order to maintain the good college spirit. Thus, it exists the benign interaction between campus spiritual culture and sports competition also.

#### 3. Conclusion

To sum up, sports competitions both has the important meaning to the campus material culture construction and the construction of campus spiritual culture. Therefore, in order to better exert the effect of sports competition in the construction of campus culture, related working personnel must increase the degree of attention to the sports competition, correct the understanding of sports competitions. Promoting the coordinated development of sports competition and campus culture construction, which is the basic of the college's development?

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