

Research on the Necessity and the status of the College Physical Culture Education Problems

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Abstract

Athletic Competition unity, progressive and entrepreneurial spirit is an important manifestation of modern sports humanistic value, and for the purposes of college students, how to help by College Sports Humanism college students to establish a correct outlook on life and values is particularly important. Accordingly, this article on the current situation of basic Humanistic College Physical Education Process in China and the existing problems were analyzed and discussed by this study aims to do something meaningful to promote Physical Humanity Quality Education in College of Education Study attempt.

Keywords

College Sports, humanistic qualities, necessity, Situation Problems.

1. Introduction

College sports education in school physical education is the final stage, is also the student accept the highest level of physical education. So-called humanistic quality, refers to the humanities and social aspects, a person with comprehensive quality and the degree of development. Cultivate people's cultural quality, its origin is the consciousness of humanity, the human nature of the self realization as well as in social life through edify the soul to help improve the. In physical education teaching in colleges and universities into the humanistic quality education, this is a requirement of social development to improve education in colleges and universities, is of great significance for the quality education forward[1].

2. Humanity quality education in colleges and universities and the necessity of teaching practice are put forward

2.1 The college sports humanities quality education is the need of times development are put forward

In the long river of history development, scientism and humanism has been on a boundary between these two cultural thoughts and compete, until the late twentieth century, the two cultural ideological trend began to be compatible with each other, and breed new cultural ideological trend, namely science and humanism. Science and humanism, science and the humanities is unified, not opposites, scientific spirit, itself is a kind of humanistic spirit and humanistic spirit in science is not exclusive. Our education career should be in the thoughts of these two great culture under the guidance of the concept of harmony, for the socialist modernization to cultivate modern talents with perfect personality, so as to meet the needs of social development. So, what is a complete personality? High, the sustainable development of the personality.

Now, with the quickening pace of economic globalization, our country's economy affected by a lot of, at the same time, the development of society and culture also hit. And education in the development of society and culture has an important role, the inheritance and development of the Chinese traditional culture in colleges and universities has important significance.

2.2 The college sports humanistic quality education is a common requirement for education in the world

As a social and historical phenomenon, the humanities quality education development is bound to be influenced by political, economic, scientific, cultural and other fields, so the education of humanistic quality in each period each have different characteristics of The Times. Before entering the 21st century, all countries in the world is thinking and discussion on the question of how to carry out education in the new century. In 1996, the 21st century international education committee issued "education: wealth contain among them", in this report, how to carry on the education of the 21st century and puts forward some strategic Suggestions. Report, in order to realize the sustainable development, the human must stick to the moral ideal and spirit value, so education must shoulder a sacred mission, it is according to different countries and the traditional belief, on the one hand to scruple to diversified development, on the one hand, try to improve personal ideology. So, to today, with rapid development of economy and culture, the world has reached a consensus, that is to strengthen humanistic quality education, improving students' comprehensive quality[2].

2.3 The college sports humanistic quality education practice is the inherent requirement of promoting quality education reform deeply

We have the quality of education is to teach students to learn how to do things, such as how to communicate, how to knowledge. And humanity quality education just can well reflect the goal. We need to life as a whole to carry on the education, as the foothold, to go beyond the natural quality of people, even at the same time to build the body of the individual spirit. Using scientific methods to fully excavate the potential of individuals, to comprehensively improve the comprehensive quality of the individual. That is to say, our education is not only to teach students the necessary cultural knowledge, promote the students' intelligence development, more important is to promote students' overall development of humanistic spirit. People was intended as a "natural entity", through a series of "socialization", has become a social person, this also is what we call life. , in fact, all of the content and education is to maximize the value of people, and let each educator was aware of their value. So, the essence of education is to teach students to do a man of value. From this we can draw a conclusion that education is not a simple training, but a kind of guiding significance to work; The value of education is not merely cultivation and exploitation of natural quality, more important is to shape the main body of the human spirit, enables each individual to develop their value in society. Our university education is to organically the knowledge and character, science and humanities, study and life, rationality and sensibility unify in together, so that the comprehensive quality of college students get comprehensive enhancement, cultivate qualified talents for the socialist construction.

3. The problems existing in the sports humanities quality education in colleges and universities and disadvantages

3.1 Sports school teachers lack of the humanities, the teachers structure to be optimized

We want to cultivate the students' humanistic quality, first requires teachers have a certain cultural background. In the sports teaching, the athletics teacher to student's influence is very important, teacher of physical education philosophy, learning quality, the way of thinking and aesthetic quality will produce very big effect on the students, and this effect is imperceptible in, can be said to be "moistens everything silently". However, at present our country universities sports teaching staff is difficult to meet this requirement. To sum up, the main is the physical education teacher team lack of reasonable knowledge structure and solid humanities knowledge, knowledge is too narrow, the overall quality is low; And some only pay attention to the teacher of physical education teaching professor knowledge, instead of stressing the cultivation of humanistic quality of students. Especially the youth sports teachers, mostly grew up in the economic transition, ideological understanding relatively one-sided, lack of humanistic quality. Many colleges and universities in the selection of youth sports teachers are mostly only value their professional ability and academic research achievements; Training in colleges and universities are mostly is on the business capabilities of the

PE teacher, there is almost no in view of the humanistic quality training. So, this leads to the lack of a lot of sports teacher's ethics, which affect college students' humanistic quality enhancement.

3.2 Higher heavy traditional teaching of physical education and the lack of humanistic care

In terms of curriculum in colleges and universities, both the number of courses, class hours and teaching equipment, teachers, etc., to compare how the humanities and science, has been at a disadvantage position; From the point of view of social ideas, weight shift is a common phenomenon in society, even the school of arts living to find a job after graduation will be difficult than in science and engineering; From the point of view, the way of teaching in colleges and universities education pay more attention to imparting knowledge and skills, the education function of "mission" has almost been forgotten; From the perspective of university education concept, education in colleges and universities is not only about the knowledge, a lot of universities is to gain profits or raise public awareness of the school, that is to say, college education has turned to the social services. The merits of the society to judge a school is mainly to see the level of scientific research and social service function of this school, and the employment rate of graduates, etc.

In addition, many colleges and universities sports in the teaching process, there are practical tendency is serious, the lack of humanistic care. In the process of the development of market economy, education has played a positive role, but also to the development of market economy education has brought a lot of negative effects, such as utilitarianism, practicability, etc., which makes our education more and more utilitarian, more and more attention to practical only, although for standardization of market economic development has trained a lot of talent, but ignored the essence of modern education. In a market economy under the impact of utilitarianism, a lot of students in college just in order to be able to find a good job in the future, the school education also put emphasis on the transmission of knowledge, but ignored the students' humanistic concern should be, which can lead to deficiency of individual humanity accomplishment[3].

3.3 The campus sports culture activities monotonous, students humanities quality is not high

In the construction of campus culture, is an important carrier of the sports culture activities. Campus cultural activities are two important characteristics of the subjectivity and diversity. The main body of campus culture is the college students, so college students should actively participate in colorful campus cultural activities and sports competition. But, now a lot of students of science and engineering colleges and universities formal serious cultural activities and few organize students to participate on the humanities. These colleges simply understand cultural activities for the students of science and technology innovation or style movement, so most of the activities surrounding the students of the professional learning of science and technology innovation or all kinds of gadgets, etc., so the campus cultural activities are merely an extension of the classroom, almost could not find any activity full of cultural atmosphere. It is because the campus culture activities too drab, many students feel amateur life boring, so emotional world produce distortion, many college students do not willing to participate in collective activity, free from life's true feelings, instead of indulging in the virtual world, it's further caused the lack of campus cultural atmosphere.

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