

Talking shallowly about the effective ways to improve class management

Binbin Li

China West Normal University, Nanchong, Sichuan, 637002. China

Abstract

The class is the most basic unit in the university campus, and the quality of class management directly affect the students' physical and mental development and the smooth realization of the school education function. At present, the university student enrollment makes students uneven in quality, coupled with the increase in the number of classes, have led to the difficulty of the work of class management in Colleges and universities continue to increase, the management is also facing new problems and characteristics, It has become an inevitable trend to strengthen and improve the management methods and improve the management level. Therefore, it is necessary to strengthen the construction and management of class.

Keywords

class management; counselor; system; countermeasure.

1. Introduction

College Students' class is the most basic and core unit; It is the basic organization of the school to carry out the teaching and learning activities, to impart scientific and cultural knowledge to the students, and to train students to become adults; It is the most important environment for the growth of students, is an important position for moral education and management, but also the main carrier of self-education, self-management, self-service, self supervision[1]. At present, the university student enrollment makes students uneven in quality, coupled with the increase in the number of classes, have led to the difficulty of the work of class management in Colleges and universities continue to increase, the management is also facing new problems and characteristics, It has become an inevitable trend to strengthen and improve the management methods and improve the management level. Therefore, it is necessary to strengthen the construction and management of class.[2]

2. The Problems of Current Class Management

2.1 The Increase of the Class And Students in Colleges and Universities Has Brought Great Pressure to the Class Management

In recent years, the expansion of college enrollment, which makes the number of classes and students increased year by year, is resulting in a serious imbalance in the proportion of the number of counselors and students, especially the team construction of full-time counselors is far lower than the rate of increase in the number of students. This leads to the heavy workload of daily work, the low efficiency of class management, and the effect is not obvious.

2.2 Credit System Has Brought Great Impact on Class Management

At present, the management mode of talent training in Colleges and universities usually adopts the credit system. Students can be successfully graduated if they have completed the training program in the credit requirements .[3] Students can completely break the limits of professional and grade, and choose freely the courses and teachers in the elective course, expect the low level of basic courses and professional courses. Therefore, the class members have a lot of mobility in the time and space , weak class concept and cohesion. This brings a great impact on the ideological and political work of the university.

2.3 The New Characteristics of the Student Groups Bring Severe Challenges to the Class Management

"Post 90s" students have become a new subject of College students. They emphasize self value, personal struggle and individual development; They pay more attention to the competition and participation, the pursuit of democracy and equality; They are more receptive to new ideas, new things, and have a strong ability to obtain information. The traditional management model, which is based on the guidance of the instructor, can not meet the needs of the current class management. The collective education and collective management are facing new challenges.

2.4 Lack of Class System Culture

The system culture in class management is manifested as the text of the system and the unspoken rules of the class. When the influence of the unspoken rules is far more than the mainstream values, it will produce a series of adverse effects. At the same time, due to the lack of a reasonable system of the system itself, it often shows the dislocation and loss of the value of institutional culture. Sometimes, the system in class management is often used as unreasonable means of power abuse, and this kind of system culture conveys a kind of cultural value of anti education value, which will make students more and more far away from the requirements of civilized society.

3. The Measures to Improve Class Management

3.1 To Strengthen the System of Class Culture Construction

The system culture in class management refers to a set of behavior mechanism and values, which is as the content of the carrier with a series of rules, conventions and discipline, to guide the students to grow into value, and consciously abide by the class members and supervision and maintenance. The system culture in the class is made up of the visible system text and the invisible system value core. The quality of a class of institutional culture, can not just look at the surface of the system content, but also to see the spiritual core behind the system. The invisible spiritual core plays an important role in the construction of the system culture. If the spiritual core of a system is abnormal and pathological, the dominant system text is meaningless even if it is perfected. The spiritual core of institution is institutional culture.

3.2 Using Information Technology to Improve Class Management

Information network technology is affecting and changing the educational concept and mode. In class management, we can use e-mail, class QQ group and micro-blog to communicate and communicate with students.[4] This kind of education is far beyond the simple punishment and discipline, and it has opened up a whole new world in promoting students' autonomous communication, promoting the internalization of subject moral, ensuring the right of students to speak, and enriching the forms of daily class management education.

3.3 Improving the Efficiency of Class Management Through Mental Health Education

Counselors' mental health is the cornerstone of class management. Counselors should pay attention to their mental health and improve their mental health level, the level of mental health of the teacher in charge directly affects the mental health of the students. The focus of the work of counselors is shaping personality, his own mental health affects students' learning and life, but also affects the development of students' personality. Through the study of mental health knowledge and the idea and method of using the knowledge in time, counselors can build a good and harmonious class atmosphere. In class life, students will inevitably be differences or contradiction, counselors should be patient psychological counseling, and let the students know that life in the world, the conflict is inevitable, the key lies in the conflict is related to the question of principle, in order to select the reasonable method to solve, no matter what, it must be justified and stop where it should stop. Counselors need to guide students to establish a good life, cultivate perseverance, optimistic character, to encourage students to actively take the initiative to face setbacks, self regulating emotions, overcome difficulties

and struggle in frustration; Let students learn to cooperate, improve social adaptability. Modern society requires not only personality but also cooperation. In class activities, the head teacher should encourage and support the students to communicate with other peers, so that they learn to care about others in the activities, learn to cherish friendship, learn to cooperate, learn unity. And counselors must learn to scientifically conduct psychological counseling for students. In psychological counseling of students, counselors must pay attention to several principles whether it is individual interviews, or writing. First, the principle of equality and democracy, only in this way can we rely on the strength of trust between teachers and students; Second, the principle of sympathy, pay attention to listen to the students speak, put yourself in a position to understand the students' inner feelings and express them, resonate with students; Third, the principle of confidentiality, only in this premise, the students may have no scruples, speak freely.

The class is the basic organization of the school to carry out the education and teaching activities, impart the scientific and cultural knowledge to the students, and train the students to become an adult, Is the most important environment for students to grow up, so it should become a fertile ground for the healthy growth of students. As the primary organizer and manager of the education and teaching activities and the closest teacher to students, in the process of class management, if the instructor can consciously conduct scientific psychological health guidance for students, it can play a positive role in promoting students to form a healthy and healthy personality, to create a cohesive, vibrant, dynamic class together with all the students. This will help students better adapt to modern life, and will have a profound impact on their lives in the future.

3.4 Improving the Level of Class Management Through Democratic Vote

Class democratic voting is a kind of democratic class management mode under the guidance of the instructor, according to the principle of the minority obeying the majority, the students make a decision together, and manage the class affairs. This kind of management mode is used for the majority of counselors today, and it is also a kind of practice activity of School Civic democracy education. Democratic vote is conducive to promoting the democratic management of the class, and then harmonious teacher-student relationship, enhance the cohesion of the class, but also conducive to the development of modern qualified citizens.

Class management is closely related to the growth and development of students, it must be based on the characteristics of the times and the actual needs of contemporary college students, to better play its educational functions. Adhere to the students as the fundamental starting point, and comprehensively improve the overall quality, help students to establish a healthy, positive exploration and innovation of the core values. Class management is a very difficult and tedious work, it is only through constant summing up the existing problems in the development of the class, to explore a new method of class management, class management mode and form feasible, in order to grasp the core of class management, and achieve the desired effect of class management.

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