

A Introduction Of Dong Shouyi And His Contribution To Chinese Sports

Bin Wu^{1, 2, 3, a}

¹Department of Physical Education, Tianjin Polytechnic University, Tianjin 300387, China;

²Section of Physical Education, Beijing Sport University, Beijing 100084, China;

³Department of Physical Education, Tsinghua University, Beijing 100084, China;

^abingowuu@sina.com

Abstract

Dong Shouyi (1895----1978) was a famous Christian, gymnast, educationist, and one of the founders of Chinese sports. He was engaging in physical education and social sports all his life. And he turned out many physical elites, physical teachers, physical culture workers and excellent athletes. He was also good at summing up experiences and digging into sports technologies, and he wrote many books and articles, which do important contribution to the development of social sports and school sports in China

Keywords

Dong Shouyi, Introduction, Contribution to Chinese Sports.

1. Brief introduction of Dong Shouyi's Life

The beginning of 1907, Dong Shouyi studied in TongRen school which established by Congregationalism. In this school, he became one Christian and basketball player. From then on, the basketball and the cross was his favorite. When Dong Shouyi graduated from BeiJing TongCheng XieHe school in 1916, he neither wanted to break away from the Christianity, nor gived up sports. Final, invited by Cai Le'er, who was the manage of TianJin Young Men's Christian Association, Song Ruhai went to be one trainee in TianJin Young Men's Christian Association. From 1923, he took command of the manage of TianJin Young Men's Christian Association, and helped his students who were called "five tigers in NanKai University" get the champion all over China. Then he went to Spring Field university to study physical education. From 1930, he successively hold the physical professor in Beijing Normal University, Bei Ping Min'guo University, Bei Ping weman's college, Xi Bei Unite University and Zhe Jiang University. 1936, Dong Shouyi as the coach of Chinese basketball team, joined the 11th Olympic Games and the Federation International Basketball Amateur. The same year, as one member of the Chinese sports inspecting team, Dong Shouyi inspected many countries in Europe. 1947, as the only professional gymnast, he took the Chinese committee member of International Olympic Committee. After the People's Republic of China established, Dong Shouyi was appointed the chairman of China Basketball Association, the subchairman of All-China Sports Federation, the director of the technical committee of State Physical Culture and Sports Commission, and the department chief of sports committee. 1954, he joined the China Association for Promoting Democracy, then he was appointed the committee of Chinese People's Political Consultative Conference[1].

Dong Shouyi was engaging in physical education and social sports all his life, and turned out many physical elites, physical teachers, physical culture workers and excellent athletes. He was good at summing up experiences and digging into sports technologies, and he wrote many books and articles, such as <Basketball Technologies>, <Football Technologies>, <Track and Field technologies>, <New Basketball technologies>, <Basketball Training Technologies>, <International Olympic> and so on. Especially the book of <Basketball Technologies>, which made Dong Shouyi " the father of Chinese basketball ", was the first Chinese theory monograph of Basketball technologies.

Dong Shouyi had a firm belief. He not only engaged in sports, but also fall over himself for working at Young Men's Christian Association. June 1978, Dong Shouyi died when he was 83 years old.

2. Dong shouyi's Important Contribution to the Development of Chinese Basketball

In 1923, Dong shouyi was recommended to Springfield College for further study by Tianjin ymca. He specialized in basketball theory, became a high school student of James Naismith, the inventor of basketball, and became captain of Springfield College 's basketball team. The dark-haired, yellow-skinned Chinese became one of China's first basketball students. Two years later, Dong shouyi returned to China and served as the director and deputy director-general of the sports department of Tianjin young people's association. Meanwhile, based on the only indoor basketball court in Tianjin at that time, he established basketball training classes for different age groups and organized various forms of games, which greatly promoted the development of early basketball in China.

In the early basketball competitions of our country, Dong shouyi led the earliest Chinese "dream team", the Nankai basketball team, to Shanghai. His five team members were praised as the "five tigers in the south", and they were honored as the "five tigers" in the history of Chinese basketball.

In 1936, Dong shouyi led the Chinese men's basketball team to participate in the first competition after entering the Olympic Games - the 11th Olympic Games, and attended the international amateur basketball federation conference. In 1936, participated in the 11th Olympic Games as a coach of the basketball team and as a member of the Chinese sports delegation, went to Denmark, Sweden and Germany for investigation.

In 1930, based on his research and practice of basketball for many years, Dong shouyi compiled the book basketball skills, which was revised several times to the latest basketball skills. It was published by Shanghai commercial press in 1947, which was the first basketball monograph in China. Dong shouyi is known as "the father of Chinese basketball" for his important contribution to Chinese basketball[2].

3. Dong shouyi's Important Contribution to the Development of Social Sports in China

When Dong shouyi was young and strong, he was just at the time when Chinese were wore the cap of the "sick man of east Asia". As a kind person and sports worker, Dong shouyi appeals to the public: "the prosperity and decline of a nation is completely dependent on the health and health morality of the whole nation. The principle of modern sports is to develop our body and mind directly and indirectly to cultivate our various virtues. Therefore, to have a sound nation, we must have a sound body and spirit. At that time, Dong shouyi was determined to make contributions to the people and the country.

In addition to the participation and guidance of competitive sports, Dong shouyi often goes deep into the society to publicize sports, publicize basketball, disseminate basketball technology, and impart exercise methods to the people. Dong shouyi often said: "the popularity of sports or not related to the rise and fall of the country, the prosperity of the nation and the people's suffering and happiness." He takes an active part in all things related to mass sport and aspires to "teach the way of sport" for life. Dong shouyi is the most active advocate of sports for decades. After 1925, he almost participated in the preparation and organization of the north China games and the national games.

In addition, Mr. Dong shouyi also advocated to promote people's physique and national strength through sports in the limited sports publications at that time, calling on sports workers to "collect people's intelligence, knowledge, experience and enthusiasm, and give sports criticism, discussion and guidance in theory, technology and experiment". Mr. Dong shouyi in the busy daily work, but also published works to introduce foreign sports knowledge, technology to the domestic. His works of "three arts" : basketball, football, track and field are the earliest works written by Chinese people.

Besides, he is also the author of "basketball training law", "the latest basketball art", "international Olympics", "European investigation diary" and other works, which plays a great role in promoting sports, spreading sports knowledge and technology[3].

4. Dong Shouyi's Important Contribution to the Development of School Sports in China

Dong shouyi chose basketball as a breakthrough in his career, but also invested great energy in the construction of school sports. Since 1917, Mr. Dong shouyi has been teaching sports and concurrently running social sports for more than 50 years in Shanghai east Asian sports college, patriotic women's college, Tianjin Nankai university, Beijing normal university, republic of China university, northwest united university, Zhejiang university and northwest normal college, Lanzhou.

Mr. Dong shouyi is very devoted in the teaching process. After the liberation, professor Guo Junqing, head of the department of physical education at northwest normal university, invited dong, who was outside 50, to return to Lanzhou to teach in the department of physical education. Dong shouyi not only personally guided, but also took the opportunity to educate people education. He said: "the competition is the two sides fighting, that's the ratio. It is the true meaning of competitive games that one must use all one's strength to meet the difficulties and dangerous balls of the other team. Dong shouyi's life is a life of struggle and competition. He should use sports as an intermediary to inspire people, encourage them, cultivate people's sense of competition and spirit, improve the quality of the people and make the country prosperous.

Mr. Dong shouyi is also enthusiastic about sports teacher training. In addition to taking courses in colleges and universities, he has also helped the relevant departments to organize a large number of physical education teacher workshops. In 1926, he assisted the Tianjin municipal education bureau to establish the physical education, music practice institute, specially trained the elementary and secondary school physical education, music teacher, and undertook the entire physical education curriculum. Held a national sports workshop at Tsinghua university in Beijing in 1930; Held a sports workshop for over 100 people in Harbin in 1931; Hold a sports workshop for over 200 people in Guangzhou in 1933; In 1934, Beijing normal university held more than 50 sports training classes; In 1935, the all-china association of physical education held a training class for PE teachers and athletes. In 1937, he held a series of training courses for sports talents in Shanxi province. During the training process, Dong shouyi was involved in assisting, actively organizing and teaching in person. In this ordinary work, Mr. Dong shouyi for the motherland's sports cause training a large number of teachers[4].

Dong shouyi was elected a member of the international Olympic committee in 1947 for his outstanding contribution to the revitalization of Chinese sports. Since the founding of the People's Republic of China, he has been the vice President of the all-china sports federation, and the President of the Chinese basketball association has been the director of the sports technology committee of the state sports commission and the deputy director of the sports department. In July 1952, as the general director of the Chinese sports delegation, he led the Chinese team to participate in the 15th Olympic Games in Finland. The five-star red flag was finally raised at the Olympic Games. Dong shouyi is still working tirelessly for the sports cause in his late eighties. He is one of the most outstanding figures in modern Chinese sports field, because of his dedication to popularizing the public sports, his outstanding sports skills and organizational skills, as well as thousands of athletes and coaches taught by Dong shouyi.

5. Project introduction

Research on the Relationship Between Sports Netizens and Virtual Fitness Communities from the Perspective of "Social Interaction"(2018SK136).

References

- [1] Qing Chen, Dong shouyi's Dedication to Work[J], Journal of Sports History and Culture, 1996(2):42-43.
- [2] Niao Jiang, The Father of Chinese basketball——Dong shouyi[J], Journal of Tian Feng, 2008(15):6-7.
- [3] Shuang Yang, Dong shouyi, Father of Chinese Basketball[J], Journal of Sports expo, 2008(2):82.
- [4] Basketball's editorial department, Chinese Basketball and Olympic Games[J], Journal of Basketball, 1996 (7):29.

Dong Shouyi (1895----1978) was a famous Christian, gymnast, educationist, and one of the founders of chinese sports.

Dong shouyi devoted his whole life to sports, and made remarkable contributions to the development of modern sports in China, especially the popularization and popularization of basketball. Its achievements in promoting competitive sports, social sports and school sports in early China are still praised to this day.