

Research on the cultivating mode of tennis referees in sports colleges and universities

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Abstract

The tennis competition organization and judging law is a professional course with strong practical operation. The combination of theory and practice as well as knowledge and ability is very close, so it is difficult to complete the teaching task with the traditional cultivating mode. By analyzing of the present situation and problems existing in the cultivating of tennis referees in the sports colleges and universities, we can put forward five kind of tennis referee cultivating mode in the sports colleges and universities :the open cultivating mode, cultivating mode, strengthening practice teaching experts cultivation pattern, the modern teaching mode, the clinical practice cultivating mode and so on.In order to provide reference for the cultivation of tennis referees in sports colleges and universities in China

Keywords

Tennis referees, sports colleges and universities, cultivating mode.

1. Introduction

With the popularity of tennis in our country and the continuous improvement of sports level, the demands of all kinds of tennis competitions on referees are gradually expanding, and the requirements on the technical level of referees are also increasingly high. Students from sports colleges are the main source of these referees. At present, many scholars in the domestic tennis circle have done a lot of useful research on the cultivation of tennis referees. However, after the research and analysis, it is found that there are many researches on tennis rules and the grading standards of tennis referees, but few on the specific methods to cultivate the actual ability of tennis referees. The domestic research on the teaching methods of students' tennis referees in sports colleges and universities is also limited to theoretical discussion and lacks of on-the-spot practice research. We need to make further efforts to study and actively explore from theory to practice to develop time-saving and efficient training methods. The purpose of this paper is to create a new training method suitable for sports colleges and universities to train students' tennis referee ability, so that it can not only ensure the quality, but also improve the efficiency.

2. Practice status of tennis referees in sports colleges and universities

2.1 Lack of practical experience

The lack of on-the-spot experience of student referees is mainly due to the course arrangement. In the special course teaching of physical education colleges and universities, the cultivation of judging ability has not been paid due attention. Moreover, the competition for the referee's practice is also organized on a temporary basis. This kind of practice match is far less intense than the formal competition. These will lead to the referee's underestimation of the complexity and difficulty of the practice match scene, which will easily lead to his overestimation of his own scene ability and over-belief that he can easily complete the scene task. Once on the official competition field, due to inadequate preparation and lack of experience, often there will be some decisions without basis. Therefore, the referees lack the ability and experience to solve problems, which leads to the interruption of the competition and the dissatisfaction of the athletes.

2.2 Incomplete grasp of rules and judgment law

Before serving as on-the-spot referee, tennis referees in sports colleges and universities have been trained in tennis rules and referee knowledge, but most of them are only a few theoretical courses. It is obviously not enough to grasp the rules and referee law preliminarily. For beginners, they should pay attention to the basic theoretical knowledge of tennis referee. "Tennis competition rules" is the law of tennis competition, is the basis of the referee. Therefore, the referee must be proficient in mastering the rules of tennis competition, familiar with the tennis referee manual, in accordance with the rules and principles of accurate penalty and deal with a variety of practical problems in the game. Not familiar with the rules, the key points appear hesitation, will affect the decision and determination[1].

2.3 Lack of confidence in the process of arbitration

In the practice of court execution, the tennis referees in sports colleges and universities often show indifference of emotion, loss of vibration of attitude and lack of confidence. Once the above situations occur, the referee shows that the perceptual and attentional processes are significantly weakened, and he does not even want to participate in the on-spot work that is about to start. The referee has too many ideas when executing the referee on the spot, be swayed by considerations of gain and loss, lacks self-confidence, doubts his ability to execute the referee, and is afraid of audience hectoring and athletes' dissatisfaction. Once there is an occasional mistake in the scene, or the difficulty in controlling the scene of the game, the mood is immediately tense up, and then the more blowing more chaotic scene, resulting in inferiority complex psychology, affecting the normal play of the referee level.

3. Problems existing in the training of tennis referees in sports colleges and universities

The cultivating mode of tennis referee in sports colleges can be divided into two forms: "centralized teaching mode" and "unit cultivating mode". The teaching characteristics of intensive teaching are relatively concentrated teaching time, and the contents of tennis competition organization and referee law courses are taught in a short time. Advantages are easy to teach and learn. In view of the content of tennis competition organization and referee law is too much, but the teaching time is little, and the lack of review and consolidation of teaching materials and on-the-spot practice opportunities, the disadvantages of using the centralized teaching method alone are obvious, which is not conducive to students' understanding and mastery of the rule referee law. The characteristic of unit training method is to divide the content of tennis lessons into several single items (units) for teaching and learning according to the teaching order of tennis lessons. The unit training method is helpful for students to master the specific knowledge comprehensively and achieve a good learning effect. The deficiency is that the arrangement of teaching content is not systematic, which makes it difficult for students to achieve the purpose of comprehensive learning and mastery. Traditional teaching is basically a closed teaching mode because it is based on book knowledge and teachers' instruction. However, the course of tennis competition organization and referee law is a professional course with strong practical operation. The combination of theory and practice as well as knowledge and ability is very close, so it is difficult to complete the teaching task with the traditional cultivating mode. In this traditional cultivating mode, although students have finished the course of tennis competition organization and referee law, they are often unable to apply what they have learned to their jobs. In addition, traditional teaching methods are not very active and interested in students' learning, and they have a superficial grasp of the content of rule judgment law[2]. Because traditional teaching methods are very abstract, rational knowledge and perceptual knowledge are separated, and theory and practice cannot be fully combined. Therefore, it is of great practical significance to reform the cultivating mode of tennis competition organization and referee law course.

4. Cultivating mode of tennis referees in sports colleges and universities

4.1 Open cultivation mode

Tennis competition and rules of teaching to explore the guiding ideology is the referee method, from the student actual tennis rules and the referee law course characteristics, based on three-dimensional control thought, theory with practice, strengthen the practice as the core, improve the students' on-the-spot referees and analysis can solve various problems in the practice of the referee's ability as the main target, adopt open teaching model as a whole, using the multi-level, multi-form and comprehensive teaching, self-study, answering questions, class discussions, lectures, demonstration, practice and examination of teaching methods, such as the teaching of each main link closely together in an orderly way. To form an open integrated teaching control system mode with obvious function and amplification benefits and comprehensively improve the teaching quality of tennis competition judging law course.

4.2 Strengthen practical cultivating mode

Strengthen the practical link teaching and practice, cultivate the ability of on-site judgment. In the teaching and practice of tennis class, students are required to participate in the work of referee, division of wire classification, etc., so as to cultivate their preliminary practical ability. In the university-level competitions held every year, teachers should be responsible for on-the-spot guidance, supervision and inspection, so that students can learn while doing in practice, to increase their ability, and arrange outstanding referees to participate in other tennis matches referee work.

4.3 Expert teaching and cultivating mode

Experienced tennis referee experts are invited to give lectures and organize students to watch large amateur tennis matches. It can broaden students' horizons, what can help students understand the characteristics and future development trend of referee work in large-scale amateur tennis competitions. Therefore, the method of going out and inviting in should be adopted to invite experts and professors with rich theoretical and practical experience in late autumn judging to give lectures. In this way, students' understanding and interest in the work of tennis referees can be improved.

4.4 Modern teaching and cultivating mode

In the process of training tennis referees in sports colleges and universities, we can make full use of modern teaching methods. In order to improve the teaching effect, it is necessary to make use of the slide show and teaching video of the judging law of tennis competition rules, and often organize students to watch the TV broadcast of large-scale international and domestic competitions in a timely manner in combination with the holding of international and domestic competitions. Through the use of audio-visual teaching means, both intuitive and vivid image of the performance of the method, can obviously improve the teaching effect[3].

4.5 On-the-spot practice cultivating mode

The on-the-spot practice cultivating mode moves part of the theoretical class hours to the tennis court to teach, while demonstrating and explaining the analysis, which is convenient for students to listen, see and remember, and a variety of information synthesis, which can speed up students' understanding speed and make students pay more attention. Combined with practice at any time during the competition, students learned both the rule theory and the analysis of technical movements. Some students who were not interested in tennis at first, after using the new teaching method, also improved their interest and stimulated their desire for knowledge. However, students with a certain basis of judging are more motivated to think positively in the process of analyzing, judging and practicing actions, it can drive students with poor foundation to make efforts to make progress, forming a virtuous circle of mutual promotion in learning. From a psychological point of view, the improvement of interest directly influences the formation of the action and thinking, the higher the student interest, can stimulate students' learning motivation, use your head, positive upward, the students can not only complete tennis umpire class learning, induce students on tennis umpire to continue to develop at the same time, and can control the process of some more complex games on the field situation, grasp the

focus of the tennis umpire rules. Above all, the more close to the site environment of theory teaching, can improve the students' learning methods. Students can follow the thinking of the teaching, arouse the interest of learning, so to understand the rules to master methods of the faster speed, independent practice method, adopted by the students go out to do official match referee, there are both pressure and motive force, able to preparation, promote the students learning rule in the limited class hour and the referee law more outstanding achievements, laid a good foundation[4].

5. Conclusion

According to the needs of social development and sports development as well as the current world sports development trend, tennis referees in sports colleges and universities should focus on the reform of cultivating mode, training method and organizational form, and create a good sports education environment as the necessary conditions to accelerate the construction of diversified teaching content system. Traditional teaching methods have become more and more difficult to adapt to the development of modern tennis, so it is necessary to explore the cultivation methods in line with the requirements of modern tennis referee. Although the problems existing in the cultivating mode of tennis referee in sports colleges and universities have not been completely solved and the new cultivating mode is still in the exploration stage, as long as we change our ideas, update our knowledge, think carefully, dare to practice and keep exploring, we believe that in the near future, the cultivating mode of tennis referee in sports colleges and universities will be more perfect.

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