

The Application Of The Analysis According To Their Aptitude In Dance Teaching

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Abstract

This paper from the point of view of education of students in dance teaching. First, explain what is individualized, what is the dance teaching. Then the differences in age and physical quality of two shows the importance of individualized teaching and how to use the concept of individualized teaching design. Teaching process cannot do without so It differs from man to man., individualized in the dance teaching is inevitable, we should also pay attention to in the implementation of teaching methods to improve teaching quality.

Keywords

Teach students in accordance with their aptitude; dance teaching; age difference; physical quality.

1. Introduction

With the development of the times, dance must become one of the most popular behavior arts. People have a broad understanding of dance, thus generating interest. therefore, the study of dance has become more popular. Dance teaching should be applied to an important thought in education: " teach students according to their aptitude." Facing independent individuals, we should choose the teaching method suitable for them. Under such social background, teaching students according to their aptitude plays its role. At the same time, under the background of the new curriculum reform, our understanding of students has also changed to a certain extent. In the face of independent individuals, we should choose teaching methods suitable for them. This article is to teach students according to their aptitude for different levels of people and choose the teaching ideas that are suitable for them.

2. Teaching students according to their aptitude and dancing teaching

Teaching students according to their aptitude means that teachers should start from the actual situation and individual differences of students and carry out differentiated teaching in a targeted way so that each student can foster strengths and avoid weaknesses so as to achieve the best development. In " teaching students according to their aptitude", the term " aptitude" refers to various kinds of people.

2.1 Teaching students according to their aptitude

Soviet union's sukhomlinski said: " the practice of education has convinced us that each student's personality is different. in order to cultivate a new generation of students, we must first develop this kind of difference, independence and creativity of each student. " in the early days of reform and opening up, facing the development of the times, the liberation of people's thoughts and the massive increase in the number of school students. Under the influence of this kind of environment, the school neglected the personal needs. In the 21st century, quality education emphasizes following the principle of personality education, that is, education should be directed to every individual student.

Teaching students in accordance with their aptitude denies the oneness of traditional education to a certain extent. in traditional teaching, students with different hobbies, intelligence and cognitive structures are taught the same way, which makes them lose themselves and kill off their individuality. Teaching students according to their aptitude is based on the principle that the development trend of students' body and mind is used in teaching. Students of a certain age will have certain universality in their physical quality, intelligence level and psychology, but there are still certain differences

between them. Teaching students according to their aptitude is to carry out different education according to this difference among students.

2.2 Dance teaching

Dance is a form of performance art, usually performed by dancers accompanied by music, using body parts. Dance teaching is based on the inheritance and development of dance. The most direct method is that students learn dance by imitating the body movements of teachers and understand the meaning under the guidance of teachers.

Dance teaching should not only like other disciplines according to oneself circumstance of students according to their aptitude, and to divide the students be more careful, should according to the age and ability of the learning object teaching contents and teaching methods. In dance teaching, the most commonly used method is the demonstration method, because students learn a large part of things through imitation of the teacher's action. When teaching, we should give a full demonstration and fully demonstrate the actions to be taught.

Teachers in dance teaching dominate, so in the teaching process for teachers to have certain requirements: first of all, as a representative of the demonstration method of teaching a large dance teaching is the premise of teacher's own ability. It is necessary for teachers to be fully prepared before teaching begins. They should have a good understanding of the classroom contents in advance and master the contents to be taught in class skillfully. Secondly, dance is a kind of behavior art. As an art, dance requires the dancer to discover it with imagination. As a communicator of this behavioral art, language must be used accurately. Have the hand gesture, such as the dance if the teacher to do the orchid return bad students are called "dead" when the teacher said "pay attention to the hand", the student will be associated with the "dead" is not willing to raise the hand consumedly square square of tall, hit the students' study enthusiasm. Finally, teachers should demonstrate by themselves, so that students can develop interest as soon as possible, which is also beneficial for students to imitate easily. When you are in charge, you should keep learning dancing and maintain your ability.

3. The application of teaching according to aptitude in dance teaching

In dance teaching influence factors in the teaching of age with two aspects of physical quality, so their aptitude to consider these two factors, according to the age and the physical quality of the different according to their aptitude.

3.1 Teaching according to students' age difference in dance teaching

There is a big gap between the teaching of dance and the teaching of general subjects. Dance is a form of performance, which USES our bodies, not only our intelligence and thoughts. As dance becomes more and more popular, the people who learn dance are from children to adults. From the perspective of age-specific teaching methods, we can sort out the following ideas.

In college, students have their own professional tasks. Facing the learning of dance, the direction of employment becomes the purpose of their study in this period. Students from different employment orientations are mainly targeted at students from professional colleges. First of all, the education method of professional dancers. Basic ability is one of the ways, for professional dancers, basic literacy is very demanding, insist for a long time is required for students, music training, common living says dancing and machinery. Music and dancing are like left and right hands, and music is part of the dance performance. Dancers on the stage are supposed to perform a series of actions combined with the dance, giving emotion in the process. Only when the dancer fully integrates the action into music will the audience understand and feel the performance after seeing it. Music church can be adopted to make students listen to music more. You can also use the method of "improvisation class" more often. Choose a song to let students improvise according to music and feel music in the process of improvisation. Also can practice more classical dance, classical dance is very important to train students to feel the ability. In addition, the rhythm practice of ethnic folk dance, each ethnic dance has its own rhythm, and the rhythm practice of ethnic dance has a certain role in cultivating students' musical sense. Technical skills training, as a professional dancer, its technical skills to achieve a

superb, superb degree. Therefore, in daily teaching, we should take pains to practice repeatedly. But be careful not to do single skills, to cultivate the students' action between consistency, how to use in the play, how does ability in dance expression skill can be subtly different with others, learn to set up their own style. Students' comprehensive quality training, professional dancers do not say that their major is very outstanding, but his comprehensive quality is outstanding.

For college graduates who choose teachers for employment, we should cultivate more students' theoretical knowledge rather than practical teaching in class. Psychology and pedagogy are two required subjects for students who want to be teachers in the future.

In addition to physical conditions and different ages, gender is also a direction for dancing education according to aptitude. Male and female students also have great differences in physical quality and cannot be taught together. Especially in universities, where there are men and women in a class, there are different ways of training men and women for the same technical skills.

For boys, their bodies belong to the strength type, but most boys are physically strong. In teaching, we should pay attention to the cultivation of boys' soft opening, which is very important in dancing. Boys tend to be more naughty character, in training flexibility to be more severe treatment. You can stay on your hips and kick more. One of the great advantages of boys learning dancing is that boys are strong and it is easier for them to do technical skills than girls. It's also better at breathing than girls. For example, when doing somersaults and jumps, the boy's explosive power is strong and easy to master. Therefore, boys should improve their confidence in technical skills when giving lectures. Moreover, boys usually have a strong self-esteem, at the time of teaching teachers should pay attention to their words and deeds, probably from the perspective of teacher is good for the students, the way you speak to just didn't notice that hurt the self-esteem of students, is the student lose confidence in the dance, is also the most reluctant to see the teacher. Teachers should learn to make friends with students and encourage them more.

In terms of girls, they are opposite to boys. Girls are generally soft but lack strength, so they should strengthen the training of girls' strength when teaching. Teachers can ask girls to carry out kicking and jumping exercises with sandbags on their legs when training to train their explosive power. In the choice of technical skills, most of them are "rotation". Be sure to pay attention to the safety of students when practicing tips such as "flipping". Girls may be shy and introverted. As teachers, we should cultivate their performance. We can organize class performances, give them more opportunities to perform, and guide them to choose some more playful dances, such as the northeast yangko.

3.2 Teaching according to students' physical qualities in dance teaching

Dance is a professional skill, and everyone has different physical qualities. The same is true for learning dance. From the point of view of different physical qualities, we should adopt different education methods for different students. 1. Students' soft opening ability is different from their jumping ability: everyone has their own natural ability and everyone will be different. In learning dance, we will first contact with the basic skills, that is, soft opening, jumping and other basic qualities, that is, we often say basic skills. We can adopt the following teaching methods in the face of students' different basic skills.

3.2.1 Teaching according to students' soft opening ability

First of all, on the distribution of classroom, can first arranged in accordance with the good or bad for the students in the classroom the position of the order, in basic teaching class for students with lower priority for congenital conditions in the front row, in the location of the teacher could see at a glance. Because in the students' potential psychology, teachers will be more serious when they can see it, and there is a kind of empty heart in it. In this way, students can be more serious in class and teachers can pay more attention. Secondly, students should be organized to exercise and exercise in advance within 10 minutes before class starts. It is not only conducive to the smooth teaching in class, but also conducive to the poor students to exercise better. Finally, students with poor physical fitness should

be given tasks to complete after class, such as how many kicks to kick every day and how much time to fork.

3.2.2 Teaching according to students' coordination ability

In the face of students' ability to accept our way of teaching should also be different, different for students ability is a bit poor, our teaching to the combined for training and teaching of the single element. The aim is to cultivate students' performing ability while continuing to strengthen students' basic qualities. For students with strong learning ability, organization training and dance drama training should be given in teaching, and students' stage performance ability and personal technical skills should be cultivated.

3.2.3 Teaching according to students' differences in dance perception ability

This is better understood than the first two points. Specialty can also be said to be the focus of students themselves. In the process of teaching should pay attention to the root of the students according to their aptitude to foster strengths and circumvent weaknesses, understand the students like the direction of the individual, in the student personal physical condition permits, as teachers we should help the students to better their own strengths to develop well. In the performance of dance, students should avoid showing their shortcomings.

3.2.4 Teaching according to students' psychological endurance ability

Teaching in the process of cultivating students to study hard will also give students invisible pressure. In study of not only physiological factors will have the influence of psychological factors, and interaction between them, and in the evolution of the status quo in now society, students' psychological would have mood swings. Under the pressure of frustration, some students gradually lose interest in dance, doubt their own value, and will not love dance as before. So as to teach the teacher always grasp the students' psychological changes, the clever use of their aptitude to guide students to find the advantages of themselves, inspire their confidence and make them interested in dancing, eliminate students' own psychological ideological shackles.

4. Raises the method of teaching according to aptitude in teaching

Teaching in accordance with aptitude should be meticulous, and the main performance of teaching in accordance with aptitude for dance teaching is in class. Group teaching in class is good; The station that attends a class is good also, it is to adopt the small measure that gives teaching according to aptitude and method. From education, professional ability, physical health, actual situation and so on.

4.1 Consider the actual situation of students and give play to their advantages

In dance education, is the main part of the teaching, the students in the teaching process to consider the actual situation of students in different levels, through various forms of teaching, make students establish the confidence of learning dance good, after all, interest is the best teacher. After students have good learning confidence, they will be full of passion in the process of learning dance. With good confidence and passion, the learning of dance will become much easier.

In addition, we should give full play to the advantages of students, learn from their strengths and make up for their weaknesses in teaching. Then, we should try to make up for the deficiencies of students and develop the aspects that students are good at. Students may not able to clearly understand their own ability, as a teacher, we must be good at observing students, with a clear understanding of the length of the students, and be able to accurately find their way, in order to make it easier for students to obtain dance learning better grades.

Finally, it is easy to get hurt in the learning process of dancing. When practicing soft opening ability, ligament tension is injured, or when practicing jumping, ankle or wrist is injured. Part of the responsibility of teachers is to protect the safety of students and use safe teaching methods in teaching. Before class, remember to let students move their body, such as wrist, ankle, knee, etc.

4.2 From the practical point of view, implementation to each student

In the course of teaching, the teaching content and teaching materials used start from reality and fit into students' daily life. With the knowledge of life, it is easier for students to understand, and more convenient and fast for them to learn and apply. For example, in teaching, we use metaphor to compare actions to things in our daily life. Or in the early stage of the teaching of folk dance, the local customs, customs, geography and landform.

The idea of teaching according to one's aptitude should be carried out to every student. It is quite normal that there are different grades in a class. Facing every student, we must be patient and have a better understanding of each student. In the face of children, elementary school students, high school students and college students our teaching way should be targeted, according to their aptitude to implement to students is not a bad check, is to keep in mind that we must abide by. In our country, there are many examples and practices to prove that, through teaching and learning, the vast majority of students can become useful talents and provide value for the development of the country and society. Therefore, education is a great way for a country to cultivate useful talents, which is extremely important for the country's development.

5. Conclusion

Teaching according to one's aptitude is a kind of teaching method that has been widely used all the time. With the widespread popularization of dance culture, the demand of dance teaching has become greater and greater. Dance is an artistic expression form, and its inheritance and development cannot be separated from education. Education is a kind of education, so education should consider teaching according to its aptitude from the perspective of dance major. There are many factors influencing dance teaching, and students' level and ability are different. Students of different ages; The human body that learns dance has male and female distinction again; After studying dance professionally, the employment direction is different. Learning dance for different conditions and different employment direction of the future, we must choose for itself in the teaching process of the development of the education way, cannot use the unified way of teaching. "Teachers, therefore, teach the teaching profession to solve the confusion also" teachers play a leading role in teaching. Therefore, we must pay attention to the pertinence of teaching strategies, insist on starting from the students themselves, cultivate students' professional skills, so that every student can learn something.

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